

## Lecture 8 — Escaping Saddle Points

Lecturer: Yunwei Ren

Scribed by Zhidan Li

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## 1 Overview

In this lecture, we move to an advanced topic in optimization: how to escape the saddle points. The existence of saddle points might make the algorithms of gradient descent fail to (approximately) find a minimizer efficiently. We will show how to escape such kind of ‘bad’ points under some conditions.

### 1.1 Preliminary

The following anti-concentration of ball volume will be of great significance in our analysis.

**Lemma 1.** *Let  $x \sim \text{Unif}(r\mathbb{B}^d)$ . For all  $\delta \in (0, 1)$ , with probability at least  $1 - \delta$ , we have*

$$|x_1| \geq r\delta/(2\sqrt{d}).$$

## 2 Introduction

To precisely describe the topic, firstly we introduce the *local minimizer*.

**Definition 2.** *Given a function  $f : \mathbb{R}^d \rightarrow \mathbb{R}$ , we say  $x \in \mathbb{R}^d$  is a **local minimizer** of  $f$  if there exists an open set  $U \subseteq \mathbb{R}^d$  such that  $x \in U$  and  $f(x) \leq f(x')$  for all  $x' \in U$ .*

To show the local minimizer, it suffices to show the *second-order condition* holds.

**Fact 3.** Given a function  $f : \mathbb{R}^d \rightarrow \mathbb{R}$ , for a point  $x \in \mathbb{R}^d$ , if

$$\nabla f(x) = 0, \quad \nabla^2 f(x) \succ 0,$$

then  $x$  is a strict local minimizer.

*Remark 1.* Note that, the condition  $\nabla f(x) = 0, \nabla^2 f(x) \succeq 0$  does not necessarily imply the local minimizer. We say such a point  $x$  is a second-order stationary point.

**Example:** Consider the function  $f(x) = x^3$  at the point  $x = 0$ . See Figure 1 as an illustration.

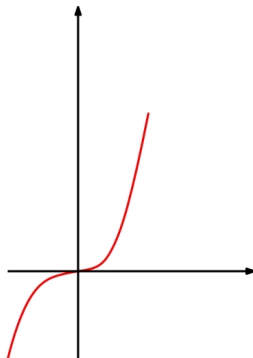


Figure 1:  $y = x^3$ . At point  $x = 0$ ,  $y' = y'' = 0$  but it is not a local minimizer.

Now we introduce the general stationary point.

**Definition 4.** Given a function  $f : \mathbb{R}^d \rightarrow \mathbb{R}$ , assume that  $f$  is  $\rho$ -Hessian Lipschitz ( $\nabla^2 f$  is  $\rho$ -Lipschitz). We say  $x$  is a  $\varepsilon$ -second order stationary point of  $f$  if

$$\|\nabla f(x)\| \leq \varepsilon, \quad \lambda_{\min}(\nabla^2 f(x)) \geq -\sqrt{\rho\varepsilon}.$$

*Remark 2.* The conditions means  $x$  is approximately stationary and its Hessian is approximately positive semidefinite.

### 3 Noisy Gradient Descent

Unfortunately, it's not guaranteed that we can always escape any arbitrary saddle point. In fact, we will show, given  $f : \mathbb{R}^d \rightarrow \mathbb{R}$ , assume that it is  $\ell$ -smooth and  $\rho$ -Hessian Lipschitz. Then the noisy gradient flow/descent can find an  $\varepsilon$ -second order stationary point efficiently (in time  $O(\text{poly}(d))$ ).

#### 3.1 A quadratic case

Consider  $f(x) = x^\top A x$  where  $A = \text{diag}(-1, 1, \dots, 1) \in \mathbb{R}^{d \times d}$ . It is trivial to see  $\hat{x} = 0$  is a saddle point. We do gradient flow of  $f$ :

$$\frac{d}{dt} x_t = -\nabla f(x_t) = -2Ax_t.$$

Since  $A$  is a diagonal matrix, for each  $k \in [d]$ ,

$$\frac{d}{dt}(x_t)_k = -2A_{k,k}(x_t)_k.$$

Solving these systems, we obtain

$$(x_t)_k = (x_0)_k \exp(-2A_{k,k}t).$$

This means as  $t \rightarrow \infty$ ,  $(x_t)_k \rightarrow 0$  for  $k \neq 1$  and  $|(x_t)_1| \rightarrow \infty$ . This means as long as  $|(x_0)_1| \geq 1/\text{poly}(d)$ ,  $|(x_t)_1|$  will become  $\Omega(1)$  in  $O(\log d)$  time.

### 3.2 General loss function

Now we illustrate the high-level idea to show how to escape the saddle point. Due to Lemma 1, to escape the saddle point, it might be possible to add a small perturbation ball if necessary. The algorithm can be roughly stated as

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**Algorithm 1:** noisy gradient descent

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1 for  $t = 0, 1, \dots$  do
2   if some perturbation condition holds then
3      $\xi_t \sim \text{Unif}(r\mathbb{B}^d)$ ;
4      $x_t \leftarrow x_t + \xi_t$ ;
5    $x_{t+1} = x_t - \eta \nabla f(x_t)$ ;

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Since the analysis is quite technical, we will present the high-level idea here (for precise and detailed analysis, refer [JGN<sup>+</sup>17]). Suppose that  $x_0$  is near a saddle point with at least one descent direction (to ensure that it is possible to escape). Assume that,  $\nabla f(x_t)$  is small for all  $t \in [0, T]$ . Then  $x_t$  is near  $x_0$ . Since  $f$  is Hessian Lipschitz, we know

$$\nabla^2 f(x_t) \approx \nabla^2 f(x_0).$$

Thus we compute

$$\begin{aligned} \frac{d}{dt} \|\nabla f(x_t)\|^2 &= 2 \left\langle \nabla f(x_t), \frac{d}{dt} \nabla f(x_t) \right\rangle \\ &= 2 \left\langle \nabla f(x_t), \nabla^2 f(x_t) \dot{x}_t \right\rangle \\ &= -2 \left\langle \nabla f(x_t), \nabla^2 f(x_t) \nabla f(x_t) \right\rangle \\ &\approx -2 \left\langle \nabla f(x_t), \nabla^2 f(x_0) \nabla f(x_t) \right\rangle. \end{aligned}$$

This means  $\nabla f(x_t)$  will blow up along the descent direction. Thus we know it will escape the saddle point (under some regularity conditions).

**Theorem 5** (Theorem 2 in [JGN<sup>+</sup>17]). *Let  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  be an  $\ell$ -smooth,  $\rho$ -Hessian Lipschitz function. For all  $\eta < \ell^2/\rho$ ,  $\delta \in (0, 1)$ , with probability at least  $1 - \delta$ , noisy gradient descent can output an  $\varepsilon$ -second order stationary point with*

$$O\left(\frac{\ell(f(x_0) - f_*)}{\varepsilon^2} \log^4\left(\frac{d\ell(f(x_0) - f_*)}{\eta^2 \delta}\right)\right)$$

*iterations.*

## References

- [JGN<sup>+</sup>17] Chi Jin, Rong Ge, Praneeth Netrapalli, Sham M. Kakade, and Michael I. Jordan. How to Escape Saddle Points Efficiently, 2017.